

ANDREA TANG COUNSELING SERVICES, LLC

Taking Next Steps Together

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Teletherapy Informed Consent Form

I _____ (name of client) hereby consent to engaging in teletherapy with Andrea Tang, *LMHC, NCC, CCTP, CCTHP* as part of my psychotherapy. I understand that “teletherapy” includes the practice of health care delivery, diagnosis, consultation, treatment, transfer of medical data, and education using interactive audio, video, or data communications. Electronic systems used will incorporate network and software security protocols to protect the confidentiality of client identification and imaging data and will include measures to safeguard the data and to ensure its integrity against intentional or unintentional corruption.

I understand that I have the following rights with respect to teletherapy:

- (1) I have the right to withhold or withdraw consent at any time without affecting my right to future care or treatment nor risking the loss or withdrawal of any program benefits to which I would otherwise be entitled.
- (2) The laws that protect the confidentiality of my personal information also apply to teletherapy. As such, I understand that the information disclosed by me during the course of my therapy is generally confidential. However, there are both mandatory and permissive exceptions to confidentiality, including, but not limited to reporting child, elder, and dependent adult abuse; expressed threats of violence towards an ascertainable victim; and where I make my mental or emotional state an issue in a legal proceeding. I also understand that the dissemination of any personally identifiable images or information from the teletherapy interaction to researchers or other entities shall not occur without my written consent.
- (3) I understand that there are risks and consequences from teletherapy, including, but not limited to, the possibility, despite reasonable efforts on the part of my psychotherapist, that: the transmission of my personal or therapeutic information could be disrupted or distorted by technical failures; the transmission of my personal or therapeutic information could be interrupted by unauthorized persons; and/or the electronic storage of my personal or therapeutic information could be accessed by unauthorized persons. In addition, I understand that teletherapy based services and care may not be as complete as face-to-face services. I also understand that a variety of alternative methods of care may be available to me (e.g. face-to-face encounters) and that I may choose one or more of these at any time.
- (4) Finally, I understand there are potential risks and benefits associated with any form of psychotherapy, and that despite my efforts and the efforts of my psychotherapist, my condition may not improve and in some cases may even get worse. I understand that I may benefit from teletherapy but that results cannot be guaranteed or assured.
- (5) I understand that I have a right to access my personal or therapeutic information and copies of records in accordance with Florida law.

I have read and understand the information provided above. I have discussed it with my psychotherapist, and all of my questions have been answered to my satisfaction.

Signature of Patient or parent/legal guardian of patient

Date